



Spa
at
Flamingo

Spa at Flamingo

We know it's wild out there. Take the time to rejuvenate. Touch base with yourself. The world can wait for your triumphant return.



How to Spa

Relax and Rejuvenate with the Ultimate Las Vegas Indulgence

Where the friendly dedicated staff will strive to make every experience one of peace, harmony and total relaxation.

Plan on arriving at least 30 minutes before any scheduled treatment so that you may have time to enjoy full use of all the spa amenities. Take time to sit back and relax, enjoying some fresh cucumber water while you linger in our lounge area.

Spa guests receive a full-access pass for the day; this includes use of the fitness equipment, three whirlpools, wet and dry sauna rooms, and the eucalyptus stream room. Safety deposit boxes, lockers, sandals, robes, fruit, juices and other amenities are also available.

General Spa Questions

Location

The spa is located on the first floor of the Flamingo Hotel, 3555 Las Vegas Blvd., Las Vegas, Nevada 89109. You can reach us by calling 702-733-3535, or from your hotel phone just dial 423.

Hours of Operation

We are open daily. The fitness center is open from 6:00 a.m. until 8 p.m. daily. Spa services start at 8 a.m. and continue until 7 p.m.

Minimum Age and Spa Etiquette

Spa guests must be 18 years old to use the facilities and have private spa treatments. We do not permit children of any age in our Spa areas. Due to the personal nature, we do not allow tours of our Spa areas.



How to Spa

Dress Code

This is your experience; dress so you are comfortable. You're welcome to wear undergarments to any treatment. Lockers, robes and slippers are provided to all Spa guests receiving services.



Cancellation Policy

We require at least a four (4)-hour notice to cancel all appointments. Cancellations not made within that time frame will be charged the full price of services.

*Inside this sanctuary you will be recharged.
You will be restored and you will be healed.*

Products at Home

Did you fall in love with something you used here at the Spa at Flamingo? Well, just ask any of our associates; chances are we have those products available for you to continue to use well after your vacation ends.

Special Requests and/or Large Groups

Are you looking for a unique gift idea or experience for your group? If so, please speak with one of our management team so they may assist you in creating a personal experience just for you.

Massages

Pamper yourself.

Flamingo Signature Massage

50 – 80 minutes

Relax and rejuvenate with this Flamingo favorite, a traditional Swedish massage with light to medium pressure.

Flamingo Blend

50 – 80 minutes

Choose two of your favorites from Swedish, Desert Stones, Aromatherapy or Deep Tissue to create a massage that is tailored to suit your every need.

Aromatic Signature Massage

50 – 80 minutes

This relaxing and therapeutic massage will transform your mind, body and soul. Let the scents of these special lotions whisk you away to tropical islands and long summer days.

Hot Desert Stone Massage

50 – 80 minutes

Using a variety of heated stones, this ancient massage technique melts away the knots that have tied and twisted your muscles, restores balance and harmony to the body.

Deep Tissue Massage or Sports Massage

50 – 80 minutes

An invigorating experience for the person who needs more to combat stress and tension. Add Aromatherapy to this massage to create an extraordinary experience between body and mind.

Pre-natal Massage

50 minutes

Allow us to pamper you with this nurturing massage so that you can relax and focus on the joys to come.



Massages



Trouble Spots

25 minutes

With the use of tried and true Swedish techniques, this hands-on massage will concentrate on any areas of tension, relieving sore muscles and improving circulation.

Couples Massage

50 – 80 minutes

Share a Flamingo Massage with your special someone. This romantic massage will be sure to ignite the passion deep within you and quiet any tension in your body or mind. You will leave feeling refreshed and renewed, not only as a couple, but also as an individual.

Scalp Massage

25 minutes

Using long firm strokes to release tension and promote peace, health, harmony and relaxation, this invigorating massage of the head will restore a fresh new sense of balance to the world.

Hand and Foot Massage

25 minutes

Allow all the stress to flow out of your body as one of our trained therapists apply pressure to release toxins while stimulating circulation, creating a harmonious effect throughout the body.

Add a Signature Body Butter to your massage to get that complete feeling of pure heaven.

Facials

A fresh face leads to a fresh mind.

Alpha-Vital

50 minutes

Extracted from natural sources, this refreshing fruit acid treatment instantly improves and smoothes your skin. Using organically sourced Aha-Bha, a healthy cell renewal cycle is begun and your skin becomes noticeably smoother without a hint of sensitivity.



Gentleman's Facial

50 minutes

A relaxing facial specialized for a man's face. This facial will concentrate on all those trouble spots that a man has, relieving irritation from shaving and pollutions from our environment. This one is sure to relax you.

Anti-Aging Five-Phase Firming Facial

50 minutes

A true alternative to surgical rejuvenation for mature and sun-damaged skin. Five layers of natural herbal and marine ingredients, including a papaya enzyme micropeel, combine to immediately invigorate, brighten and firm the skin. Let your inner beauty come out.

Special Treats

Revitalizing Eye Treatment
Collagen Lip Treatment
Hand and Foot Heated Therapy
Microdermabrasion
Fruit Mask

Seaweed Mask
GloEnzyme Peel
GloLatic Peel
Paraffin Hands or
Feet Treatment



Facials



Back Facial

50 minutes

This relaxing treatment is an excellent way to get those hard to reach areas. Great for cleansing, exfoliating and moisturizing the back. It is followed by a light massage to leave you feeling rejuvenated and refreshed.

Flamingo Four-Layer Facial

80 minutes

Suitable for all skin types, this is a deep-cleansing anti-aging treatment. Consisting of four layers of pure seaweed for maximum results, your skin will be nourished and deeply hydrated to let your true self shine through.

Hydra Medic Facial

50 minutes

A deep pore-cleansing treatment specifically designed to deep-clean, minimize oily shine and fight blemish-causing bacteria without drying or irritating the skin. Formulated with five superior products and key ingredients, new purity and clarity will be revealed in normal to oily skin types.

Classic European Facial

50 – 80 minutes

A basic facial perfect for combination or sensitive skin. Using St. John's Wort, an ancient botanical known for its gentle, soothing properties, will clean, tone and moisturize. Combined with a calming massage and deep cleansing, your skin will be hydrated as well as refreshed and nourished. A great "pick-me-up" facial suitable for almost everyone.

Hydra Dew Express Lift Moisture Mask

50 minutes

Provides immediate, 100 percent, in-depth moisturizing and superior antioxidant protection. Combating hyper-pigmentations and wrinkles while boosting moisture content, this mask delivers maximum results in a minimum amount of time.

Wraps & Scrubs

Treat yourself to a full body makeover.

Fiji Passport

50 minutes

Your passport to Fiji of yesteryear. A Fijian cane-sugar scrub followed by a warm wrap leaves your skin nourished and hydrated helping damaged skin layers to repair themselves. A traditional Fijian scalp treatment using warmed coconut oil will restore shine and life to your hair and scalp, leaving you island fresh.

Coconut Crème Scrub

50 minutes

Polish, cleanse and protect your skin with this gentle coconut crème scrub that combines moisturizing coconut with exfoliating pineapple enzyme to unclog pores and buff away dead skin cells. A hydrating coconut body milk lotion leaves your skin soft and silky.

Aromatic Herbal Wrap

25 minutes

Experience the healing when we gently wrap you in hot linens, steeped in our special blend of detoxifying herbs. This treatment is designed to leave you feeling purified and restored while cleansing the body of toxins.

Island Wrap

50 minutes

Hydrating your skin and detoxifying your system, this treatment will leave your mind renewed and the body restored. Your skin is gently dry brushed and then warm oil containing vitamins and antioxidants is applied. Your body is then wrapped while a warm oil scalp massage and cold stone facial massage relieves all your tension. This ultimate treatment leaves your body and mind with an island glow.



Wraps & Scrubs



Dilo Rescue Wrap

50 minutes

High in vitamins A, C and E and combined with dilo nut oil makes a supercharged healing cocktail for the skin. This cool wrap will soothe your skin while the cold stone facial massage and hot oil scalp massage will clear your mind. The tropical dilo nut oil works miracles on sunburns and other skin irritations. You'll be feeling refreshed in no time.

Honey Body Polish

50 minutes

The formula of this treatment is based on nature's sweetest humectant, honey combined with crushed almonds to make an excellent all-over body exfoliator. Honey Body Polish also replenishes skin oils, which helps to prevent dryness and surface dead skin cells, leaving the skin smooth and fresh. It's a completely invigorating body overhaul.

Eucalyptus Wrap

50 minutes

Awakens your senses and soothes your soul in this energizing body wrap, all the while firming and tightening the "trouble spots." Includes a stone cold facial massage.

Sea Salt Scrub with Body Butter

50 minutes

Choose from one of our signature sea salt scrubs to gently exfoliate and cleanse your skin, getting it prepared to be drenched in one of nature's highly moisturizing body butters. This treatment will leave you with the lingering scent of the islands along with that fresh sun kissed skin.

Signature Packages

Monday – Thursday

The Flamingo Sampler

75 minutes, includes:

- 25-minute Swedish Massage
- 25-minute Sea Salt Scrub
- 25-minute Mini-Facial

Restoration

2 hours, includes:

- 50-minute Desert Stone Massage
- 50-minute Anti-Age Facial

The Ultimate

80 minutes, includes:

- Your choice of either
Hot Desert Stone or Deep Tissue massage
and Shirodhara Treatment.

Complete Rapture

3 hours

A 50-minute massage that consists of a deep-tissue massage combined with aromatherapy for the senses topped off with hot desert stones to relax those tired muscles.

Combined with a full-body scrub, and then topped off with moistening body butter. While you're in a state of total relaxation and rapture, we'll then complete your day with a signature Flamingo four-layer facial – leaving you with the complete body makeover.



Signature Packages

Monday – Thursday

Couples Package

2 hours

This package is designed to promote harmony and well-being between you and yours. First you will enjoy a 50-minute, side-by-side aromatherapy couple's massage, followed by our relaxing Shirodhara treatment that will open your senses and your souls. This package includes a keepsake gift.



For the Bride

3 1/2 hours

Relax with a day of pampering; start your day off by joining us for a complete waxing service, while getting ready for your 80-minute four-layer Flamingo facial. We will then whisk you away to give you an exfoliating sea scrub so you're ready now to enter the world of total relaxation with a hot desert stone massage. Then, just when you think you're finished, we'll treat you to a complete makeup application to send you out to face the world.

For the Bridesmaids

2 hours

Follow the bride into heaven for the day with your own complete package of a Swedish massage, then followed with a complete honey body polish that ends with a 25-minute mini-facial.



Specialty Treatments

Peppermint Sea Twist Cellulite Treatment

50 minutes

Specially designed to target stubborn cellulite, this sophisticated body treatment zeroes in on three target zones: stomach, buttocks and thighs.

Using a compression wrap body pack, this therapeutic session helps to eliminate the uneven appearance of the skin, giving it more resilience, increasing circulation and your skin a healthy glow. It's like real-life Photoshop.

Shirodhara Treatment

50 minutes of pure bliss. Relax while one of our trained therapists performs this ancient Ayurvedic treatment that streams warm oil onto your third eye releasing stress and returning you to peace and tranquility. A foot, hand and scalp massage is part of this restorative service.

Waxing Services

Half Arm

Full arm

Full Face

Brow Tweezing

Lip

Chin

Enhancements and Extras

Body Butter (add-on only)

Tired Tootsie (add-on only)

Muscle Soother (add-on only)

Scalp Treatment (add-on only)

Eyelash Extensions (full set)

Touchups and Fills

Brow and Lash Tint

Bikini

Half Leg

Full Leg

Back

Underarms

Airbrush Body Bronzing
(sunless tanning)

Make-up Application

Add a Cold Stone massage
to any facial

Vichy Shower (women only)



Fitness Center

Become the ultimate you.

Pamper your body in every way imaginable. With our state-of-the-art cardio and aerobic machines ranging from Technogym treadmills to the latest spin bikes, you can work up an invigorating sweat.



Build a little muscle or simply tone your body with our functional trainer or cable crossover system. And if you need a little help taking it to the next level, call ahead and schedule an appointment with one of our personal trainers. No matter what your fitness level, you'll find the perfect workout here.

And remember this – you'll leave the Spa looking and feeling better than when you came in.

Stretching

Available in 10 minute increments.

Personal Training

Away from home and need to keep the rhythm going? Book an appointment with one of our personal trainers. Appointments must be scheduled in advance, and are subject to availability. Please see an associate for current fee schedule.

Gym Passes

Fitness Pass Only

1 day – \$10.00 3 days – \$25.00 5 days – \$40.00

Frequent fitness pass – \$75.00 monthly

This includes the use of all gym equipment, water, towels and a locker.

All-Access Pass

1 day – \$20.00 3 days – \$55.00 5 days – \$85.00

This includes a full-access pass for the day and includes the use of the fitness equipment, three whirlpools, wet and dry sauna rooms, eucalyptus stream room, safe-deposit boxes, lockers, sandals, robes, fruit, juices and other amenities.

A close-up photograph of several flowers in shades of pink, magenta, and purple. The petals are layered and have a soft, velvety texture. The background is blurred, showing more of the same colors. The entire image is framed by a thin, light pink border.

Flamingo[®]
LAS VEGAS

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