

ESPA

at Vdara

SPA DIFFERENTLY





glam down

As global leaders in spa, ESPA is found in prestigious spas across five continents and is dedicated to producing results-driven, natural skincare loved by men and women alike. ESPA ensures skin looks its best at every stage of life with effective, award-winning products that are continually tested by a global network of professional therapists. An exclusive selection of ESPA luxury spa products is available for purchase at Vdara.

holistic
escape



Your respite begins with ESPA's signature European heat experiences, taking guests through a therapeutic journey and offering multi-functional treatment rooms where you can retreat and enjoy a full day of pampering.





a personal touch

Choose from a vast collection of results-oriented natural treatments unique to ESPA at Vdara including the signature On the Rocks or Desert Rose, both 110-minute personalized treatments offer deep relaxation and rejuvenation for body, mind and spirit.

ESPA therapists are hand selected to ensure their skills and knowledge are second-to-none. This meticulous training elevates the treatment experience at Vdara to new heights with ESPA's technically advanced, holistic and individually tailored approach.

intelligent
skincare,
naturally



The globally recognized ESPA product line is 99% natural and sourced from the finest and most active, quality ingredients. Free from synthetic color, fragrance, parabens, phthalates, silicone, DEA & TEA, mineral oil, propylene glycol and petrolatum, ESPA's products are independently tested and scientifically proven to be extremely effective.





ESPA at Vdara featured offerings

ESPA journey

With the ESPA journey, decisions are unnecessary. Simply reserve an appointment with the spa and your therapist will guide you through the treatments, ensuring your spa journey is tailored to your needs. ESPA journey is performed by highly skilled therapists that can perform ESPA's most advanced therapies for either Body or Beauty time, both available for 80- or 110-minute sessions.

couple time

Our ESPA Couples Room allows you complete privacy to enjoy the ultimate spa experience. The private room is perfect for sharing indulgent relaxation time with a friend or loved one. The Couples Room will be your haven of tranquility for a minimum of two hours, which includes a two hour treatment of your choice. Please contact the ESPA reservation team to assist in creating your ideal private spa experience.



SIGNATURE THERAPIES

Unique to ESPA at Vdara, two powerful treatments have been created to allow guests to completely escape, restoring the body's vitality and vibrancy. Each therapy begins with a refreshing beverage, ESPA's sensory journey and a revitalizing foot ritual.

on the rocks 110 minutes

A luxurious body treatment to soothe away life's stress, using advanced massage techniques to rebalance the body and melt muscular tension.

The treatment begins with body brushing and an ESPA spearmint body polish to leave the skin smooth and silky soft. An indulgent massage follows using a combination of specialty essential oils and hot stones to relax tired, aching muscles. A therapeutic scalp massage using ESPA's famous Pink Hair & Scalp Mud finishes the experience, leaving you in a state of total bliss.

Includes: Body brushing, exfoliation, body massage with volcanic stones, scalp massage

desert rose 110 minutes

The perfect preparation for the ultimate sun-bronzed body or an instant cooling revival for sun-kissed skin. A refreshing exfoliation (if appropriate) prepares the skin for a soothing body massage using a delicate synergy of Palmerosa and Rose Geranium aromatic oils to help tone, firm and nourish. The ESPA Smooth and Firm Body Butter melts into the body rehydrating it with rich Argan Oil and Rosehip to leave you feeling totally replenished.

Includes: Salt scrub/gentle exfoliation, personalized massage, scalp massage, application of Smooth and Firm Body Butter

ESPA FACIALS

ESPA's results-driven skin care products are loved worldwide; discover the results of powerful ingredients combined by expertly trained Estheticians.

personalized facial 50/80 minutes

This expert facial is specifically tailored to you and includes deep cleansing, exfoliation, steam and gentle extraction where needed, and a treatment-specific massage and mask. ESPA skincare products, including an intensive booster serum, are chosen to suit your individual needs to achieve maximum results.

radiance facial 80 minutes

An effective, active facial to boost cell regeneration and reveal instant skin radiance. After a thorough skin analysis, this facial continues with a deep brush cleanse, steam and extraction to prepare the skin for an application of our Skin Radiance mask. Together with the Refining Skin Polish, this aids the removal of dead skin cells and boosts cell regeneration. After a soothing massage using Rose Quartz to help cool and calm, the Lifting and Smoothing mask is applied to leave skin plumped, toned and luminous.

ultimate lifestage facial 80 minutes

Our most effective and targeted age-defying facial using the technologically advanced LIFESTAGE product range to address all the most visible signs of aging.

This luxurious facial will minimize wrinkles, immediately improve hydration levels while helping to reduce the appearance of pigmentation, large pores and redness. Incorporating a deep brush cleanse, Skin Radiance Mask, specialized age-defying and lifting facial massage techniques and the application of the professional Lifting and Smoothing Mask, Seaweed Extracts, Argan Oil and Menthol, skin will be left visibly plumped.

advanced enzyme facial 50/80 minutes

A powerful and highly effective facial to boost cell regeneration and give an instantly smooth, radiant complexion. A deep brush cleanse is followed by an intense Enzyme Peel containing botanical extracts and Pumpkin Enzymes to deeply exfoliate and remove dead skin cells. After a soothing massage using Rose Quartz Crystals to help cool and calm, the Lifting and Smoothing Mask is applied, containing concentrated Seaweed Extracts, Argan Oil and Menthol, to give your skin a more plump and firmer appearance.



ESPA BODY TREATMENTS

ESPA's specialized body treatments are designed to rejuvenate and restore peace of mind.

ESPA escape 110 minutes

This treatment combines a body wrap and massage to restore equilibrium, peace of mind and bring deep relaxation to body and spirit. Following body exfoliation, an Algae or mud wrap is applied and the scalp is gently massaged. Once you have taken a refreshing shower, a full body massage with an ESPA Aromatherapy Oil takes place leaving you energized and revitalized.

Includes: Body exfoliation, algae or mud wrap, scalp massage, body massage with an aromatherapy oil

contour & firm body treatment 110 minutes

A specialized body treatment tailored to women combining a detoxifying wrap and advanced body massage. This targets areas of the body prone to cellulite and lack of tonicity. First, circulation is stimulated through body exfoliation using warm and iced mitts. A body wrap is then applied to address problem areas prone to cellulite, fluid retention and uneven skin texture. Lastly, a lymphatic drainage and deep detoxifying massage helps the body eliminate toxins and tone.

Includes: Exfoliation with iced and warm mitts, detox wrap, lymphatic drainage & deep detoxifying massage, scalp massage

pre & postnatal treatment 50/80 minutes

A deeply nourishing body massage designed to target areas prone to stress and tension during or after pregnancy. Gentle back exfoliation, if required, is followed by a soothing body massage specifically designed to suit your individual concerns, focusing on the areas needed to alleviate muscular aches, while helping to relax, restore and revitalize. A course of six treatments is recommended following the first trimester of pregnancy.

Includes: Back exfoliation (if required), body/scalp massage, tailored to your specific needs.

MASSAGES

These massages are performed using ESPA's therapeutic blend of natural oils.

personalized massage 50/80 minutes

After a detailed consultation our therapists will determine the most suitable massage for you, using a fusion of advanced massage techniques.

Includes: Tailored massage to suit your individual needs

aromatherapy massage 50/80 minutes

ESPA aromatherapy massage is essential and specific, using a blend of specially chosen oils. A personal consultation will ensure that you receive a unique treatment to suit your specific needs. Choose from the following: Detoxifier, De-Stresser, Muscle Relaxer, Jet-Lag Reviver, Immune Booster, Energizer, Body Toner

Includes: Aromatherapy massage to back, legs, arms, abdomen, neck/shoulder

swedish massage 50/80 minutes

A traditional massage using light pressure to promote relaxation and ease muscle tension.

Includes: Swedish massage to back, legs, arms, abdomen, neck/shoulder

deep muscle massage 50/80 minutes

A powerful massage designed to alleviate deep-seated tension and muscular stress. Specialized techniques concentrate on areas of concern and alleviate common discomforts such as a stiff neck, painful lower back pain and sore, tight shoulders.

Includes: Specialized massage to areas of concern

drift away 50 minutes

A deep, therapeutic massage focused on the back and feet which achieves a feeling of total relaxation. Massage techniques alleviate tension and stress stored in the neck, shoulders and back. A foot massage using pressure point techniques completes this treatment.

Includes: Back massage, neck/shoulder massage, foot massage

FAST FORWARD

25-minute ESPA treatments are ideal alone or as a complement to your Facial or Massage.

lift & firm eye treatment 25 minutes

Perfect for those who are concerned with the first signs of aging around the eyes. An effective firming and hydrating treatment, helping to reduce the appearance of fine lines and relieve tension from eye-strain and computer headaches. Incorporating a cleanse, exfoliation, massage and application of our Lift & Firm Intensive Eye Serum.

salt & oil scrub 25 minutes

This exceptional skin softening body exfoliation combines sea salts with essential oils to leave your skin nourished, smooth and supple. Perfect as a stand-alone treatment, or in preparation for an ESPA massage. For a lighter application Exfoliating Body Polish is applied instead of The Salt & Oil Scrub.

invigorating foot treatment 25 minutes

This revitalizing treatment for tired feet and heavy legs helps reduce puffiness and soothe aches and pains. Includes a refreshing exfoliation and a deeply therapeutic foot and lower leg massage.



ESPA FOR MEN

Our men's results-driven face products help ease the visible signs of aging. With intensive, age-defying formulas that will help firm and tone, men's body products are used to release muscle tension and alleviate stress.

men's purifying facial 50/80 minutes

Whether your skin needs a deep cleanse, a healthy glow, soothing or hydrating, we encourage our male guests to experience this personalized treatment that combines a relaxing shoulder, neck, face and scalp massage with a tailored solution to your skin's needs.

Includes: Double cleanse, exfoliation, steam and extraction, face massage, mask, scalp massage

the revitalizer 50 minutes

A deep, therapeutic massage focused on the back and feet which achieves a feeling of total relaxation. Massage techniques alleviate tension and stress stored in the neck, shoulders and back. A foot massage using pressure point techniques completes this treatment.

Includes: Back massage, neck/shoulder massage, foot massage

fitness massage 50/80 minutes

A powerful massage designed to alleviate deep-seated tension and muscular stress. Specialized techniques concentrate on areas of concern and alleviate common discomforts such as a stiff neck, painful lower back pain and sore, tight shoulders.

Includes: Specialized massage to areas of concern



DOWN TO THE LAST DETAIL

Waxing services are available individually or may be added to any service.

facial waxing

Lip
Chin
Cheeks
Full Face
*includes brows,
lip, chin and cheeks*

body waxing

Underarms
Arms – Half or Full
Legs – Half or Full

just for girls

Bikini
G Wax
Brazilian

just for guys

Back
Chest

brows & natural lashes

Beautiful Brows
includes waxing, shaping and tweezing
Lash Tint
Brow Tint
Combo Lash & Brow Tint



Spa Facility Passes and Fitness Passes are included in the price of all ESPA services and are also available for purchase separately.

HOW TO SPA

spa hours

Daily: 6:00 am - 8:00 pm

spa treatment times

Daily: 8:00 am - 6:00 pm

location

ESPA at Vdara is centrally located on the second level of Vdara Hotel & Spa and may be easily accessed from the guest elevators.

scheduling an appointment

To schedule an appointment for your perfect treatment, please contact our ESPA reservations team who will be able to guide you to the right choice. To ensure your preferred time and service is available we recommend making reservations at least two weeks in advance. Credit card guarantee is required. To schedule, please call 702.590.2474.

arrival time

Please allow sufficient time before your treatment to complete a Spa Consultation Form and Health Questionnaire. We recommend you arrive at least 45 minutes prior to your treatment time. This will allow you time to check-in, change, and begin the relaxation process. A spa robe, slippers, private locker and any amenities required for use during your visit will be provided. Please be advised that late arrivals will result in a reduction of treatment time. As a courtesy to the next guest, your treatment will end at the time you originally scheduled.

gratuities

Gratuities are genuinely appreciated and are solely at your discretion.

spa facilities and access

We encourage guests to take advantage of the following spa facilities that are available at ESPA at Vdara: redwood sauna, eucalyptus steam room, hot plunge, men's and women's retreats, and a co-ed meditation lounge. Please remove any jewelry and other valuables prior to your spa visit.

age restrictions

Spa services are designed for ages 18 and older.

cancellation policy

Should you need to cancel or reschedule your appointment, please notify the spa at least 24 hours in advance of your treatment time to avoid being charged in full.

spa etiquette

Our spa environment is one of relaxation and tranquility. Please respect all spa guests' right to privacy and serenity. In light of this, the spa is a mobile phone, electronic device and smoke-free zone.

health conditions

Kindly advise us of any health conditions, allergies or injuries which could affect your choice of treatment when making your spa reservation, such as pregnancy, high blood pressure, heart ailments or any condition that may be contraindicated for heat therapies, massage or skin care.

pregnancy

We have specially designed treatments for expectant women after their first trimester. Please allow our spa team to guide you in selecting which treatments are most suitable during this special time.

valuables

ESPA at Vdara accepts no responsibility for loss of valuables and jewelry at any time on the spa premises.

close to it all,
but a world away



escape today



ESPA

at Vdara

SPA DIFFERENTLY

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at ARIA Las Vegas

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