



## recommendations for your spa visit

### before your facial

Exfoliation  
Massage  
Body Treatments  
Eucalyptus Steam  
Sauna  
Jacuzzi

### before your massage

Exfoliation  
Body Treatments  
Eucalyptus Steam  
Sauna  
Jacuzzi

### before your body treatments

Eucalyptus Steam  
Sauna  
Jacuzzi

### after your massage

Facial  
Eucalyptus Steam  
Sauna  
Jacuzzi

### after your body treatments

Facial  
Massage  
Eucalyptus Steam

