TREATMENTS

PHILOSOPHY

The Spas at Mandarin Oriental are born out of a sincere understanding and passion for wellness, which we define as a way of life that focuses on physical, emotional and mental wellbeing. They are committed to delivering all aspects of wellness with integrity and honesty, providing inspiration for lifestyle change, in an environment that delights all the senses. The Spas at Mandarin Oriental are havens for contemplation and discovery. Guided by our Oriental heritage but influenced by local cultural diversity, the Group has created distinctive concepts with a unique sense of place in every location.

TREATMENTS

Respect for the uniqueness of each individual is the foundation of our spa experience. Our highly trained therapists are committed to excellence, infused with enthusiasm and take pride in delivering personalized, dedicated service. Our therapies combine both ancient and contemporary techniques in a natural manner. They are designed to bring balance and equilibrium to meet the needs of each individual.

PRODUCTS

Mandarin Oriental's signature product line has been developed specifically for the Group by the award-winning UK based company, Aromatherapy Associates. The product range incorporates five body oils, five bath and shower oils and a generic body scrub, body wash and body lotion. All contain natural ingredients and are paraben free, and have been blended by a master blender to Mandarin Oriental's specifications. Easy to use and effective in their treatment, they provide an ideal extension of our spa experience into daily life. All other products used in our Spas are of the highest quality and contain naturally-derived ingredients.



SIGNATURE TREATMENTS

MANDARIN ORIENTAL SIGNATURE SPA THERAPIES 2 HOURS

Mandarin Oriental's signature spa therapies have been devised to address guests' increasing desire for simple, effective and authentic spa experiences.

Developed in consultation with specialists in Traditional Chinese Medicine (TCM) and master aromatherapists, each signature therapy consists of a relaxing, hands-on body massage ritual that combines the powerful effects of Oriental meridian massage with the therapeutic benefits of custom-blended essential oils, created uniquely for Mandarin Oriental. Each treatment begins with a private therapist consultation in order to determine each individual's personal and current state of well-being. The treatment and oils are then tailored to you in order to leave the body, mind and spirit in perfect harmony. You are also provided with nutritional and exercise guidance, in order to extend the beneficial effects of the program at home.

TIME RITUALS™

2 HOURS OR 3 HOURS

Mandarin Oriental's bespoke "Time Rituals" encourage you to book time rather than specific treatments, so that services can be tailor-made to meet individual needs. Each "Time Ritual" begins with a soothing foot ritual and is designed to restore a natural state of equilibrium.

ORIENTAL HARMONY

1 HOUR 50 MINUTES

Four hands work in perfect unison in a remarkable experience that inspires a harmony of the senses. The treatment begins with a soothing foot bath in purifying waters, leaving the feet soft and supple and the mind relaxed. Next, two therapists work together in time and movement. First, providing a warm scrub that smoothes and replenishes the skin and later a harmonious massage that balances the body. The treatment concludes with a simultaneous head and foot massage leaving the mind uplifted, the body energized and the skin exotically fragrant.

SUITE EXPERIENCES

Enjoy a private setting with friends or a loved one in a decadent Spa Suite. The Couple's Suites, Bamboo, Chrysanthemum, Orchid and Plum, feature private steam showers and breathtaking views. The Green, Red and White Dragon Suites consist of two private water experiences with private steam showers and personal soaking tubs. All Suites feature two treatment tables, personal wardrobes and vanity areas for a relaxing escape. All Suite experiences include time for relaxation. Each treatment is concluded with a delicious spa refreshment.

QI BALANCING JOURNEY

3 HOURS 30 MINUTES

With a unique combination of body exfoliation, wrap and hot stone massage, the Qi Balancing aims to restore balance, whether to increase energy levels and detoxify the body, or to strengthen the immune system and bring about deep relaxation.

Each personalized journey starts with a welcoming foot cleanse and continues with full body exfoliation and relaxing steam. Next, a skin conditioning body wrap will be tailored to your needs, using a combination of therapeutic plant extracts, essentials oils, muds and marine plants. For a blissful finale, an acupressure head massage helps clear the mind and a powerful, stress-releasing body massage works on deep seated tension, restoring balance to vital energy points.

RE-ENERGIZING JET LAG EXPERIENCE

3 HOURS

Whether you need to be uplifted or soothed, this experience commences with muscle-relaxing steam prior to a skin softening Salt and Oil Scrub. Release tension with a therapeutic bath, followed by either a deeply relaxing Aromatherapy Treatment or an invigorating Thai Massage to rebalance both mind and body.

THE ART OF ROMANCE

3 HOURS

Relax and enjoy time together in one of the sensually decorated Dragon Suites, as you embark on a blissful spa journey à deux. After a welcoming foot ritual, the treatment commences with a skin softening body exfoliation for you and your loved one. Following, you will luxuriate in a hydrotherapy soaking tub scented with an elixir of therapeutic natural bath essences. A personalized aromatherapy massage follows, as every muscle from head to toe is relaxed.

MANDARIN ORIENTAL SIGNATURE SPA EXPERIENCE

3 HOURS

Mandarin Oriental's signature spa therapies have been devised to address guests' increasing desire for simple, effective and authentic spa experiences.

Developed in consultation with a team of Chinese doctors and master aromatherapists, each two-hour hands-on body massage ritual combines the therapeutic benefits of Mandarin Oriental's bespoke essential oils, with the powerful effects of Oriental meridian massage. The treatments all begin with a private therapist consultation in order to determine each individual's personal and current state of well-being. The style of treatment and oils are then tailored to you in order to awaken the senses, and to leave the body, mind and spirit in perfect harmony. You are also provided with nutritional and exercise guidance, in order to extend the beneficial effects of the program at home.

This extended experience begins with a relaxing bath using Mandarin Oriental's Quintessence Bath Oil.

JOURNEYS

MAHJONG BALANCE

2 HOURS

Inspired by the traditional Chinese game Mahjong, this treatment begins with a welcoming foot ritual using ginger, jasmine and green tea to stimulate and uplift. A skin smoothing body exfoliation is then followed by a therapeutic massage using warm jade stones to work on the subtle energy centers around the body. Critical tension points are massaged around the eyes and ears before an Oriental head massage is given to restore balance to the mind and spirit. The experience finishes by using cool Mahjong tiles to soothe and calm the body resulting in a rejuvenated sense of equilibrium.

LUMINESCENCE MASSAGE AND BODY TREATMENT

1 HOUR 30 MINUTES

Providing the ultimate glow, the Luminescence journey renews the skin and provides a "diamond-like" shimmer for any occasion. The treatment begins with a Swedish massage to stimulate circulation and energize the muscles followed by a body scrub to reveal freshened skin. For lasting shine, the body is completely applied with Pearl Powder that has been a secret Asian tradition for many years that leaves the skin truly luminescent.

STRESS BUSTER

2 HOURS

A perfect treatment to relieve deep-seated tension and muscular stress. Skin brushing, exfoliation and a facial massage begin the treatment. The body is massaged with blended aromatherapy oils, combined with the use of hot stones to release tension, working on the vital energy points and chakras around the body. This treatment ends with a deeply soothing head massage to relieve stress from mind and body.

LUCKY EIGHTS

2 HOURS

Perfect for tired eyes and feet, this soothing and calming eye treatment and foot reflex zone therapy is a welcome escape. After consecutive late nights, this blissful and hydrating experience incorporates a cold jade stone massage around the eye area to melt away tension, combined with a therapeutic foot massage focusing on the reflex points. The journey finishes with a relaxing acupressure head massage focusing on the reflex points. The journey finishes with a relaxing acupressure head massage to refocus the mind and leave your eyes and feet totally revitalized.

BODY MASSAGES

ORIENTAL ESSENCE

1 HOUR OR 1 HOUR 30 MINUTES

This massage is a part of Mandarin Oriental's signature spa therapies and has been designed to specifically relieve neck and shoulder tension. The massage concentrates on easing stress, realigning the mind, soothing emotions and relaxing the body. Utilizing our signature Quintessence oil blended with warming ginger, uplifting mandarin and sacred frankincense, this calming treatment allows mind and body to completely unwind.

HERBAL THERAPEUTIC

1 HOUR 20 MINUTES

This truly effective deep-tissue massage uses an herbal heat pack to dissolve aches and strains. A specially blended aromatherapy oil is applied to the body using the therapist's elbows and forearms in this stimulating and deeply energizing massage.

HOT STONE

1 HOUR 30 MINUTES

This relaxing massage uses heated stones to generate energy and create a sense of balance and calm, as well as giving relief to deep-seated muscle tension. Stone therapy is a Native American Indian practice which has been used since ancient times as a soothing and healing treatment.

AROMATHERAPY

1 HOUR 20 MINUTES

A deeply therapeutic holistic treatment which combines the power of essential oils with the best of eastern and western massage techniques, to create a feeling of physical relaxation and calm, while mentally uplifting and clearing the mind.

THAI

1 HOUR 20 MINUTES

Performed wearing loose Thai-style clothing, this traditional massage is conducted on a futon mat. A combination of gentle rocking motions, rhythmic acupressure and assisted stretching serve to deeply relax and revitalize body and mind. Benefits include increased flexibility, relief of joint and muscle tension and a balance of the body's energy system.

BODY WRAPS

PERSONALIZED OCEAN AND EARTH

1 HOUR 20 MINUTES

The Ocean and Earth Body Wraps inspire a life-enhancing experience that begins with a body exfoliation. Personally chosen aromatherapy oil is applied before the complete enveloping body wrap. The body wrap is designed to comfortably raise the body's temperature and induce perspiration to help eliminate toxins and increase the absorption of the oils and the wrap. The sophisticated menu of individual wraps uses a choice of marine mud, algae or oshadi clay. Ultimate tranquility is achieved with a mind-calming Oriental Head Massage. These wraps will be specifically selected by your therapist to suit your individual needs.

BODY TREATMENTS

CONTOUR AND FIRM

2 HOURS

A full body contouring treatment that helps reshape the figure and is ideal for those in need of detoxification, re-mineralization and an overall energy boost. A full body algae wrap is combined with a specific blend of specialized massage techniques, including stimulating fast paced strokes followed by slow and light lymphatic drainage movements.

AQUA EXPERIENCES

HAMMAM

Originating in Turkey, Hammams provide places for relaxation, well-being and social gatherings. The intense heat warms the body slowly and continuously, stimulating sweat glands, increasing blood circulation and promoting healthy skin tone and texture. The Hammam is equipped with two experience showers for an enjoyable cooling sensation.

The core of the Hammam experience is the scrub, which is performed on a heated marble massage table. The treatment begins with a loofah exfoliation, which is followed by the more invigorating Hammam scrub, leaving the body feeling energized and smooth.

RHASSOUL

The Rhassoul offers a one-of-a-kind Moroccan experience designed as an ancient healing ritual. Natural mud is carefully selected and prepared in an ante-room, where guests can apply the mud to all parts of the body and the face. The guest proceeds to a heated room at 100°F. Dry heat dries the mud and allows the skin to draw out impurities from the body. After 15 to 20 minutes, aromatic steam is released, allowing the mud to be moist again. As the mud softens, its beneficial ingredients and natural minerals are absorbed by the body. A gentle rain shower signals the end of the program. Advance booking and charges will apply for this experience.

TREATMENT ADDITIONS

QUINTESSENCE BODY SCRUB

30 MINUTES

Mandarin Oriental's signature Quintessence scrub has been created as a foundation for each of the five elements. This balancing essential oil blend brings the body's energy flow into alignment. Warming ginger, uplifting mandarin and sacred frankincense come together to realign the mind and emotions, while the sea salt and sweet almond oil work together to gently smooth and rejuvenate dry or tired skin.

REGENERATING AND FIRMING EYE TREATMENT

30 MINUTES

The Eye Lift is ideal for those who are concerned with the first signs of ageing that appear around the eye area. Contact lens wearers, or those suffering from general eye-strain, will find this blissfully hydrating treatment a true delight. The firming techniques used are enhanced by specific products rich in Seaweed Extract, Green Tea and Vitamin C, which help to reduce the appearance of fine lines and protect against the environment.

NEW LIFE

PRF- AND POST-NATAL TREATMENT

1 HOUR 30 MINUTES

This total body treatment has been carefully designed for pregnant and nursing mothers to aid in relaxation and tonicity of the skin during this very special time. The treatment avoids the use of essential oils and is a luxurious treat using a calendula infused oil, pink clay mud and various nourishing creams and advanced massage techniques to safe areas. The body is gently exfoliated and massaged to relieve tension. This is followed by a warm application of a Deeply Nourishing body mask. The body is gently covered in linens whilst a soothing scalp massage aids relaxation.

Please note our guests must be past the first trimester of pregnancy to receive this treatment.

WAXING

All waxing treatments are available at The Spa and many can be added to any of your treatments upon request.

SPECIALIZED FACIALS

CUSTOMIZED HOLISTIC FACIAL

1 HOUR

Beginning with a facial assessment to determine your skin type, our therapist will select products from our ESPA facial range to create a facial experience tailor-made to your skin's needs.

CELLULAR ENZYME RENEWAL FACIAL

1 HOUR 30 MINUTES

A powerful and highly effective facial to boost cell regeneration and give an instantly smooth, softly glowing complexion.

A deep cleanse incorporating skin brushing, followed by an intense Enzyme Peel containing botanical extracts and Pumpkin Enzymes to deeply exfoliate and remove dead skin cells. To finish, we apply a Lifting and Smoothing Mask containing concentrated Seaweed Extracts, Argan Oil and Menthol, which will give your skin a more plumped and firmer appearance.

TIME REVERSAL

1 HOUR 20 MINUTES

A results-driven, nourishing treatment which uses a formula of highly engineered vitamins to penetrate deeply into the skin. Appropriate for all skin types, this facial helps to reduce the appearance of fine lines, repair sun damage, evens out discoloration and is effective in treating moderate to severe acne, dramatically improving skin tone and texture. The treatment includes a micro-current infused mask, and a calming cold stone facial.

JADE ENZYME FACIAL

1 HOUR 20 MINUTES

This results-oriented facial provides an intensive cleansing and skin brightening treatment to dramatically enliven dull skin with signs of environmental damage, uneven pigmentation, congestion and fine lines. Products rich in AHA's, BHA's and anti-oxidants, combined with specialized facial massage techniques incorporating jade facial rollers, encourage immediate cell renewal to improve the appearance and texture of the skin. Double cleansing, a refining exfoliation, steam and extraction, along with an intense eye treatment and a fruit enzyme mask leave the skin visibly clear, radiant and smooth.

ROSE RENEW FACIAL

1 HOUR 20 MINUTES

This luxurious facial harnesses the regenerative properties of rose to nourish, soften, and hydrate all skin types. This treatment helps to boost your circulation and promote cell renewal and regeneration, leaving your skin radiant, dewy and delicately scented. A healing back treatment combined with a calming frankincense inhalation helps you let go of the day's stresses, turning your focus inward as your treatment begins. A scalp massage releases muscular tension and prepares you for your facial. Your skin is thoroughly cleansed, exfoliated and toned using our rose preparations. A traditional aromatherapy pressure point massage combined with lymphatic drainage releases facial tension and congestion. Then while a hydrating facial mask goes to work, your arms and hands are massaged and your skin is finally treated with a deeply moisturizing facial oil and moisturizer. The result is a smooth, radiant complexion and a relaxed state of mind.

ULTIMATE FACIAL

1 HOUR 20 MINUTES

Turn back the hands of time with this non-invasive, yet highly effective, personalized treatment. You will instantly see your skin visibly look more toned and firm. Using ultrasonic exfoliation, this treatment immediately accelerates cellular renewal, restoring a natural glow in minutes. With a combination of the finest pure essential oils and plant extracts applied using ultrasonic infusion; this facial will relax and moisturize your skin, making your complexion look radiant and revitalized. Finally, gentle microcurrent technology creates beautiful non-invasive results, offering a perfect compliment or alternative to surgical or injectable procedures. This is an ideal facial before a night on the town, and also for recovery and rejuvenation the morning after.

CHINESE FOOT SPA

It is the highest honor in many Eastern cultures to wash the feet of their guests. Inspired by the foot spas of the Far East, you will receive an authentic foot treatment including a steeping hot foot bath infused with invigorating or relaxing herbal blends. After the ceremonial foot bath, you are escorted to private reclining lounge chairs with majestic views of Las Vegas Boulevard. Detailed massage movements which focus on reflex points in the feet and lower legs provide a great way to recover from long walks on The Strip or shopping at Crystals.

DETOXIFY

45 MINUTES

We begin with a cleansing foot ritual which includes a Chinese spearmint foot bath and natural exfoliation with jute fiber mini mitt and lemongrass soap. Feet are then enveloped in a detoxifying mask with warm ginger and black pepper, followed by a pressure point massage along your feet and legs. To finish, a luxurious lemongrass cream massage is applied to soothe the limbs.

REPLENISH

45 MINUTES

We begin with a cleansing foot ritual which includes a Chinese spearmint foot bath and natural exfoliation with jute fiber mini mitt and lemongrass soap. We apply a foot mask of White Clay and Ylang Ylang, followed by a pressure point massage along your feet and legs. Finally, tension in the limbs is alleviated by a soothing lemongrass cream massage.

RFVITALI7F

25 MINUTES

We begin by cleansing feet and legs with a refreshing spray and warm towel, followed by an energizing lemongrass foot scrub. A luxurious lemongrass foot cream is then applied to conclude the treatment

MALE GROOMING

HIGH-ROLLER TREATMENT

1 HOUR 30 MINUTES

This sophisticated yet holistic therapy is an outstanding treatment experience for the back and face after hours of high rolling. It includes a stimulating and deep cleansing back exfoliation and an intensive back massage using volcanic hot stones and aromatic oils. A facial massage follows, concluding with a tension-relieving scalp, shoulder, and arm massage. A relaxing yet uplifting experience.

MEN'S PURIFYING FACIAL, SHOULDER & SCALP MASSAGE

1 HOUR

City pollution, environmental stress, travel, business pressure or lack of sleep are reflected in dull, lifeless skin. This relaxing facial works at a deep molecular level to purify, balance and hydrate the skin leaving you feeling de-stressed and renewed.

The triple cleanse procedure which included steaming hot towels to soothe and soften bristles, promotes drainage and aids in preventing blocked pores. Following a relaxing acupressure face massage and purifying mask, a deep shoulder and scalp massage is performed to release tight muscles and tension.

TAO OF MAN-

1 HOUR 30 MINUTES

A targeted, therapeutic massage which focuses on releasing tense muscles experienced by active men. This massage combines the moist heat of an herbal compress to warm and soothe tight muscles and joints with an East Asian massage technique known as Gua Sha to restore and repair muscles. An active herbal massage cream is used to provide extraordinary results.

PRICE LIST

		WEEKEND (FRIDAY–SUNDAY) (1	WEEKDAY MONDAY–THURSDAY)
SIGNATURE EXPERIENCES			
Mandarin Oriental Signature Spa Therapies	2 hours	400	340
Time Rituals™	2 hours	350	300
	3 hours	500	425
Oriental Harmony	1 hour 50 minutes	620	530
SUITE EXPERIENCES	PRICING IS PER PERSON		
Qi Balancing	3 hours 30 minutes	700	600
Re-energizing Jet Lag Experience	3 hours	600	510 Market
The Art of Romance	3 hours	600	510
Mandarin Oriental Signature Spa Experience	3 hours	600	510
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JOURNEYS			
Mahjong Balance	2 hours	375	325
Luminescence Massage and Body Treatment	1 hour 30 minutes	280	240
Lucky Eights	2 hours	375	325
Stressbuster	2 hours	330	280
Juessbustel	2110013	330	200

		WEEKEND (FRIDAY–SUNDAY)	WEEKDAY (MONDAY–THURSDAY)
TREATMENT ADDITIONS			
Quintessence Body Scrub	30 minutes	100	85
Oriental Salt Scrub	30 minutes	100	85
Regenerating and Firming Eye Treatment	30 minutes	75	65
NEW LIFE			
Pre- and Post-Natal Treatment	1 hour 30 minutes	280	240
SPECIALIZED FACIALS			
Customised Holistic Facial	1 hour	200	180
Time Reversal	1 hour 20 minutes	260	220
Jade Enzyme Facial	1 hour 20 minutes	260	220
Enzyme Renewal Facial	1 hour 30 minutes	280	280
Rose Renew	1 hour 20 minutes	300	270
Ultimate Facial	1 hour 20 minutes	400	360
FOOT TREATMENTS			
Detoxify	45 minutes	120	100
Replenish	45 minutes	120	100
Revitalize	25 minutes	90	75
MALE GROOMING			
High Roller Treatment	1 hour 30 minutes	280	240
Mens Purifying Facial, Shoulder and Scalp Massage	1 hour	200	180
Tao of Man	1 hour 30 minutes	280	240

WEEKEND	WEEKDAY
(FRIDAY-SUNDAY)	(MONDAY-THURSDAY)

BODY MASSAGES

Oriental Essence	1 hour	200	180
	1 hour 30 minutes	280	240
Swedish	1 hour 20 minutes	260	220
Herbal Therapeutic	1 hour 20 minutes	260	220
Hot Stone	1 hour 30 minutes	280	240
Aromatherapy	1 hour 20 minutes	260	220
Thai	1 hour 20 minutes	260	220

BODY WRAPS

Personalized Ocean and Earth	1 hour 20 minutes	260	220
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BODY TREATMENTS

Contour and Firm	2 hours	330	280

AQUA EXPERIENCES

Hammam with Treatment	per person	100	100	
Hammam without Treatment	per person	150	150	
Rhassoul	25 minutes	100	100	

PRICES LISTED ARE SUBJECT TO CHANGE

